



Listening In

November 13, 2017

Pledge and Thought of the day by **Brian Powell**.

Thought of the Day: In light of Veterans' day a quote by Franklin Delano Roosevelt, "There is a mysterious cycle in human events. To some generations much is given. Of other generations much is expected. This generation of Americans has a rendezvous with destiny." He also said, "I am neither bitter nor cynical but I do wish there was less immaturity in political thinking."

VISITING ROTARIANS AND GUESTS OF ROTARIANS

Peter Thompson introduced the Visiting Rotarians: **Rob Chatham**, an engineer from Louisville, Kentucky— a guest of the Club, he just relocated last week to the area; **Bob Wilhelm**, a returning Rotarian.

Guests of Rotarians: **Tod Brody**, Executive Director of the Marin Symphony, and a potential new member, and **Chris Bartle**, a guest of the Club.

ANNOUNCEMENTS AND EVENTS

Oak Dowling gave an update on the Raiders. He couldn't be prouder, but declined to talk about the 49ers.

In honor of Veterans' Day, **President Fran White** asked all the members who are veterans to stand for recognition.

Lou Bartolini donated \$100 in honor of his daughter Leann Bartolini, PhD, winning an award at Dominican University.

Dianne Henderson informed the Club about the passing of former member of the Rotary Club of San Rafael passing.



Dr. Carolyn Horan was a former teacher, Assistant Superintendent of Marin County Schools, Executive Director of Buck Center for Research in Education. She led the

District 5150 GSE team to Austria and Czech Republic, of which Dianne was a member.

President White announced with a grin that everyone who did not have their Rotary pin on should donate \$10 to the Club.

Madeleine Moore and her husband Skip has invited everyone for Christmas Fellowship to their home on Tuesday, Dec 12, 60 Oxford Drive, San Rafael; 415-203-4000; 60austinmoore@yahoo.com.

Dan Walker announced our participation in the 30th Annual Parade of Lights and Winterwonderland in San Rafael on Friday, Nov. 24, 10am-4pm. The Christmas Tree lighting will be at 5:30 on 4th St. Sign-up sheets to help man the booth will be passed around for three shifts: 9-11am; 11-1pm; and 1-4pm. **Mayor Gary Phillips** reiterated what a wonderful holiday event this is.

Carolyn Hoffman has the list of 76 students the Club is supporting for the gift program. The children need jackets, shoes, clothing. The gifts should be \$25 and under. On Thursday, Dec 14 at 5:00, the gift giving event will be held in the Al Boro park at Pickleweed Center. If you do not want to shop, there are other options for giving such as cash or check donations to Carolyn Huffman or Madeleine Moore.

President White announced that the Board of Directors met and chose their Rotarian of the Month: **Tom Mulvey**. Congratulations, Tom!

MARBLE GAME

\$1,518 in the kittie... **Jerry Suyderhoud** won a bottle of wine.

PROGRAM

Meredith Griffin introduced **Gary Fedoroff**, CADCIL, Director of ReStart, a substance abuse program for children ages 13-17. The 60 day residential treatment program is a trauma-informed and structured regimen designed to meet the treatment needs of adolescents identified with primary substance use disorder. The residential treatment program is appropriate when an adolescent lacks the motivation and/or social support system to remain abstinent, but does not require hospitalization.



Alcohol use in Marin County

Marin County ranks in the top 56 counties in California in health and overall fitness, but ranks in the lowest 50% in excessive drinking and drug poisoning mortality rate.

22% of Marin adults polled admitted to bingeing on alcohol — the highest binge drinking rate in the United States— one third of 11th graders and 10% of 9th graders in Marin qualify as heavy drug users.

Teens face many challenges today, and ReStart helps them get back on the right track. A typical day at ReStart for the students:

- 6:30 am - wake up call
- 6:30-8:00 - get ready for 1st group (setting their intentions for the day)
- Next, adventure therapy - experiential therapeutic practice: taking the teens out of the building, showing them what Marin has to offer: the ocean, hiking, biking etc. - taking them out of the traditional therapeutic environment.
- After they come back, they make their own meals, clean up after themselves, do all of their chores. ReStart creates a family-like atmosphere for the kids.
- Then they have school to keep up with their grades.

This treatment center is a much needed resource in Marin County.

UPCOMING EVENTS

Monday, November 20: Kenyatta Leal, former San Quentin inmate now a successful high-tech entrepreneur

Monday, November 27: Alyssa Galloway, BioMarin